
Overview

This standard applies to anyone whose role requires them to assist the practitioner to support individuals who need significant assistance and who are unable to undertake the activities for themselves, for example as a result of a long term neurological or debilitating condition. Typical programmes and treatments could include 24-hour posture management, passive movement, respiratory care and control of oedema.

Users of this standard will need to communicate effectively to meet individuals' needs and wishes and work in line with health and safety legislation, policy and practices.

Performance criteria

You must be able to:

- P1. identify and agree the roles and responsibilities of yourself and others in assisting in the implementation of programmes and treatments with individuals who have severely restricted movement / mobility
- P2. provide support to the individual and ensure health and safety measures are implemented
- P3. establish consent and access information on the implementation of programmes and treatments with individuals who have severely restricted movement / mobility
- P4. carry out the specified activities as directed and detailed within the individual's treatment plan
- P5. monitor the individual's condition during and after the programme/treatment
- P6. take appropriate and prompt action, in line with relevant protocols and guidelines, in response to any condition or behaviour which indicate adverse reaction and report this to the appropriate member of the individual's care team
- P7. support and encourage the individual to promote their own health and wellbeing throughout the programme/treatment
- P8. ensure that the individual is correctly positioned in accordance with the individual's condition, dignity and the treatment/programme to be carried out
- P9. feed back to the practitioner regularly or when there is a change in the individual's condition
- P10. complete all relevant documentation required for the implementation of programmes and treatments with individuals who have severely restricted movement / mobility

Knowledge and understanding

You need to know and understand:

- K1. how to access and interpret all relevant work instructions, legislation, guidelines, policies, procedures and protocols needed to assist in the implementation of programmes and treatments with individuals who have severely restricted movement / mobility
- K2. the scope and limitations of your own competence, responsibilities and accountability as it applies to your job role
- K3. specific procedures for reporting issues which are beyond your competence, responsibilities and accountability
- K4. the principles, practice and procedures associated with informed consent
- K5. the reasons why it is important to report signs of adverse reaction and the potential consequences of not doing so promptly
- K6. policies and guidance relating to the moving and positioning of individuals and the impact they have upon your work
- K7. the main types of programmes and treatments carried out with individuals who have restricted mobility and movement and the reasons for using them
- K8. the impact of restricted mobility and movement on individuals health and wellbeing and benefits of programmes and treatments to promote restricted mobility and movement.
- K9. why you should seek to support and encourage the individual to promote their own health and wellbeing and how this might be achieved
- K10. the signs of adverse reaction to different programmes and treatment and the actions you should take
- K11. the equipment and materials which can be used in relation to different programmes and treatments
- K12. what is involved in monitoring an individual's condition and why it is important that this is carried out
- K13. information that might be needed by the practitioner prior to or during the course of a programme or treatment
- K14. the physiological benefits of movement
- K15. the basic anatomy and physiology of the skin and the principles of pressure area care

K16. the principles of 24-hour posture management

K17. the basic anatomy and physiology of the lungs

K18. the basic reaction to pain within the body

K19. what types of information it is appropriate to give others about an individual's programme and treatment

K20. how to complete and safely store all relevant documentation in accordance with organisational requirements

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Assist in the implementation of programmes and treatments with individuals who have severely restricted movement / mobility



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