
Overview

This standard covers supporting and enabling individuals undergoing dialysis and their carers to carry out dialysis procedures at home. This applies to all types of renal dialysis therapy. You are expected to give both routine and emergency help and advice. The routine support may be part of a structured training and education programme for individuals who are moving over to home therapy.

It is recognised within this standard that support and advice will always be given as part of an overall plan of care determined by relevant practitioners, within the care team.

Users of this standard will need to communicate effectively to meet individuals' needs and wishes and work in line with health and safety legislation, policy and practices.

Performance criteria

You must be able to:

- P1. access and accurately interpret all relevant work instructions and information
- P2. identify and agree the roles and responsibilities of yourself and others in supporting and enabling individuals undergoing dialysis and their carers to carry out dialysis procedures
- P3. provide support to the individual and carers, ensuring that you respect their rights and wishes relating to their privacy, beliefs and dignity
- P4. apply standard precautions for infection prevention and control and other relevant health and safety measures
- P5. check the individual's identity and confirm the planned activity
- P6. establish consent and access information on supporting and enabling individuals undergoing dialysis and their carers to carry out dialysis procedures
- P7. establish with the individual and their carer how much assistance they require and encourage them to be as self-managing as possible consistent with the plan of care
- P8. give the individual and/or their carer appropriate support and assistance to:
 - a. prepare the necessary resources
 - b. prepare the skin area
 - c. clean their hands effectively
- P9. answer any specific queries and questions from the individual and/or their carer accurately or seek advice from an appropriate member of the care team
- P10. encourage the individual and/or their carer to carry out the activity using the correct technique at appropriate times according to the plan of care
- P11. enable the individual and/or their carer to recognise progress and problems with the activity and either cease the activity or seek advice where necessary
- P12. seek advice immediately from the appropriate relevant practitioner if there are any indications which may signify the activity is no longer appropriate or there are adverse reactions
- P13. enable the individual and/or their carer to dispose of waste materials, and understand the reasons for doing so, in an appropriate safe manner and place
- P14. give full and accurate details of how to seek help in case of difficulties with dialysis to the individual and/or their carer in an appropriate manner, level and pace
- P15. complete all relevant documentation required for supporting and enabling individuals undergoing dialysis and their carers to carry out dialysis procedures

Knowledge and understanding

You need to know and understand:

- K1. how to access and interpret all relevant work instructions, legislation, guidelines, policies, procedures and protocols needed to support and enable individuals undergoing dialysis and their carers to carry out dialysis procedures
- K2. the scope and limitations of your own competence, responsibilities and accountability as it applies to your job role
- K3. specific procedures for reporting issues which are beyond your competence, responsibilities and accountability
- K4. the duty to report any acts or omissions that could be unsafe/detrimental to you or others
- K5. the principles, practice and procedures associated with informed consent
- K6. the needs of individuals and carers including issues relating to dignity, confidentiality, and privacy
- K7. the importance of applying standard infection control precautions to individuals undergoing dialysis and their carers to carry out dialysis procedures at home and the potential consequences of poor practice
- K8. the importance of giving advice and information in a manner, level and pace which is appropriate for the individual and/or their carer
- K9. what is hazardous and non-hazardous waste and how it can be disposed of safely
- K10. the effects of dependence and independence on the individual, their carers and the provision of the service in relation to carrying out dialysis procedures
- K11. the concerns which individuals may have in relation to their procedures and treatment
- K12. the contra-indications or adverse reactions to the procedures and how to explain these, and the actions they should take, to the individual/carer without causing undue alarm
- K13. the ways in which individuals can be helped to prepare for different activities, including holidays, changing the dialysis regime or route, and social events; the appropriate steps to take and the potential side effects
- K14. how the individual can adapt the treatment to their personal needs and lifestyle without compromising the treatment
- K15. how you can assist in reducing anxiety levels in an individual and/or carer when carrying out dialysis procedures
- K16. the equipment and materials needed to carry out dialysis at home and how to

explain and demonstrate to the individual/carer:

- a. how and where to store them
- b. how to clean and maintain them
- c. the specific precautions they should take in relation to preventing infection
- d. how to use them correctly
- e. the common problems they may encounter when carrying out dialysis at home and how they should deal with these

K17. methods of assessing the ability of the individual/carer in carrying out dialysis procedures

K18. how to provide constructive feedback to the individual/carer on any aspects of the dialysis procedures they need alter to ensure effective dialysis at home

K19. the importance of encouraging the individual/carer to keep accurate notes on problems/issues they want to discuss with members of the care team

K20. how to complete and safely store all relevant documentation in accordance with organisational requirements

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