

Overview

This standard covers the insertion of urethral catheters, including re-catheterisation, following agreed protocols and procedures. It also covers regular monitoring and care of the urethral catheter after insertion.

It does not include suprapubic catheterisation.

Users of this standard will need to communicate effectively to meet individuals' needs and wishes and work in line with health and safety legislation, policy and practices.

Performance criteria

You must be able to:

- P1. identify and agree the roles and responsibilities of yourself and others in inserting, securing and monitoring urethral catheters
- P2. provide support to the individual, ensuring that you respect their rights and wishes relating to their privacy, beliefs and dignity
- P3. establish consent and access information on inserting, securing and monitoring urethral catheters
- P4. apply standard infection prevention and control precautions and take other appropriate health and safety measures
- P5. comply with the correct protocols and procedures relating to urinary catheterisation.
- P6. insert the catheter safely and correctly, according to manufacturer's instructions and with minimal trauma to the individual
- P7. secure the catheter after insertion according to instructions and adjust it correctly
- P8. attach the catheter correctly to the appropriate drainage system, confirm it is functioning correctly and measure and record the amount of urine collected immediately after insertion
- P9. make the individual as comfortable as possible following the procedure
- P10. monitor the individual's condition, promptly recognise any adverse effects and take the appropriate action
- P11. check that all catheterisation equipment and materials are functioning correctly and take appropriate action to remedy any problems
- P12. maintain cleanliness of the catheter and surrounding area through regular hygiene care
- P13. empty drainage bags and measure and record urinary output whenever necessary and as instructed
- P14. complete all relevant documentation required for inserting, securing and monitoring urethral catheters

Knowledge and understanding

You need to know and understand:

- K1. how to access and interpret all relevant work instructions, legislation, guidelines, policies, procedures and protocols needed to insert, secure and monitor urethral catheters
- K2. the scope and limitations of your own competence, responsibilities and accountability as it applies to your job role
- K3. specific procedures for reporting issues which are beyond your competence, responsibilities and accountability
- K4. the principles, practice and procedures associated with informed consent
- K5. the conditions and constraints which might denote who undertakes this procedure and why
- K6. the anatomy of the male and female genito-urinary system
- K7. the physiology of the genito-urinary system
- K8. the effects of catheterisation on the individual's comfort and dignity, and ways of minimising any adverse effects
- K9. how aseptic technique contributes to the control of infection
- K10. the procedure for insertion of the catheter and how to maintain its potency
- K11. the importance of maintaining cleanliness of the catheter and surrounding area through regular hygiene care
- K12. how to empty, measure and record output from drainage systems
- K13. the ethical issues surrounding catheterisation, as applied to males and females
- K14. the need for chaperones, individual awareness and consent
- K15. potential adverse effects and appropriate actions
- K16. the effective methods of providing verbal and non-verbal support and reassurance to individuals
- K17. the types of catheters that can be used and why you should select the appropriate catheter
- K18. the local anaesthetic agents available
- K19. how to complete and safely store all relevant documentation in accordance with organisational requirements

Insert, secure and monitor urethral catheters

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