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## Overview

This standard is about maintaining professional standards of conduct, performance and ethics and the regulatory requirements that govern dental professionals.

This standard includes the importance of assessing strengths and improvement needs in relation to personal and professional development and developing self-management, social intelligence and innovation skills to support adaptability, wellbeing and personal growth.

In addition, this standard will enable dental care professionals to use reflection, feedback and insight to maintain personal and professional development.

Users of this standard will need to ensure their practice reflects up to date information and policies.

## Performance criteria

### *You must be able to:*

1. Identify regulatory requirements for professional dental registration in accordance with legislation
2. Identify and maintain standards of conduct, performance and ethical standards that govern dental professionals, in accordance with legislative and professional guidelines
3. Identify and assess strengths and improvement needs in relation to self-management, social intelligence, innovation skills and professional development in accordance with professional guidelines
4. Assess the extent to which own practice is inclusive and promotes equality and diversity in accordance with legislative and professional guidelines
5. Plan and maintain continuous development of professional knowledge and competence in accordance with regulatory and workplace requirements
6. Discuss and agree Specific, Measurable, Achievable, Realistic and Time-bound objectives for personal and professional development in accordance with regulatory and workplace requirements
7. Act on feedback to improve own performance and development in accordance with professional guidelines and workplace requirements
8. Reflect on performance, practice and skills to identify and agree future development needs in accordance with professional guidelines and workplace requirements
9. Complete documentation required for personal and professional development in accordance with professional guidelines and workplace requirements
10. Apply new knowledge and skills to consolidate learning, improve own practice and skills in accordance with evidence-based practice, professional guidelines, and workplace requirements.
11. Review and assess newly acquired knowledge and skills to identify their effectiveness and any further development needs
12. Share knowledge, skills and improvements to practice with colleagues in accordance with workplace requirements

## Knowledge and understanding

### *You need to know and understand:*

1. Legislative and regulatory body requirements to maintain professional registration as a dental professional, and how to apply these
2. The regulator's expectations, requirements and other relevant laws, ethical guidance and systems as set out in regulations and guidance
3. Impact and consequences of non-compliance with legislation and regulatory body requirements
4. Roles, responsibilities and limitations of dental team members
5. Methods of effective team working in oral health care, and the importance of effective leadership and management within teams
6. Self-management, social intelligence and innovation contribute to professional development and how to apply these
7. Strategies to identify and manage the personal and emotional challenges of work, teamwork and workload and how to apply these
8. Protected characteristics and how these promote diversity, equality and inclusion and that prevents discrimination
9. The importance of personal and professional development
10. Why insight is important in ensuring safe and effective care
11. How to use Specific, Measurable, Achievable, Realistic and Time-bound objectives to support personal and professional development
12. Why effective feedback is important to own professional development and other dental team members
13. How to apply appropriate models for self-reflection to inform personal and professional development
14. Principles of personal development planning, recording of evidence, and reflective practice and how to do this
15. The importance of evaluating learning, new techniques and technologies and how to apply these
16. The importance of using evidence-based guidance to inform current practice and how to apply this
17. The importance of sharing learning for the improvement of clinical services and how to apply this
18. Strategies and resources available to support own and other dental team members' health and wellbeing and how to apply these

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Maintain personal and professional practice for dental care professionals



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