
Overview

This standard coexists alongside **SKANSC1: Implement and maintain safe, hygienic and effective working practices during elective non-surgical cosmetic procedures**, **SKANSC2: Consult, assess, plan and prepare for elective non surgical cosmetic procedures**, **SKANSC14 Carry out a thorough skin analysis using technologies** and **SKANSC15 Complication management of non-surgical cosmetic procedures**. This standard is for a beauty/aesthetic professional providing no needle mesotherapy to improve and maintain skin condition. You will also be required to do a post treatment evaluation and reflection for continuous improvement. Users of this standard will need to ensure that their practices reflect up-to-date information, policies, procedures and best practice guidance. It is advisable users of this standard are aware of, and comply with first aid requirements in accordance with legislation and organisational policies and procedures

Performance criteria

You must be able to:

1. carry out a concise and comprehensive consultation face to face with the individual
2. maintain your responsibilities for health and safety pre, during and post the no needle mesotherapy procedure
3. discuss and establish the individual's objectives, skin concerns, expectations and desired outcomes to inform the treatment plan, to include:
4. discuss and agree the skin priming programme or recommendations required, prior to the no needle mesotherapy treatment
5. confirm and agree with the individual, they have understood the proposed treatment, to include:
6. obtain and record the individual's informed consent for the no needle mesotherapy treatment, in accordance with organisational and insurance requirements
7. carry out a pre-treatment test(s) to determine skin sensitivity
8. prepare and cleanse the individual's treatment area in accordance with the **no needle mesotherapy treatment protocol**
9. illuminate and magnify the individual's treatment area in accordance with the **no needle mesotherapy treatment protocol**
10. carry out a skin analysis, to include:
11. select tools and equipment in accordance with the no needle mesotherapy treatment protocol, to include:
12. carry out the treatment in accordance with the **no needle mesotherapy treatment protocol**, to include:
13. monitor the individual's health, wellbeing and skin reaction throughout the no needle mesotherapy treatment
14. implement the correct course of action in the event of an adverse reaction

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15. conclude the treatment in accordance with the **no needle mesotherapy treatment protocol**, legislative requirements and organisational policies and procedures
 16. complete the individual's treatment records and store in accordance with data legislation
 17. use reflective practice to evaluate the no needle mesotherapy treatment and take appropriate action
 18. provide **instructions** and advice to the individual, pre and post the treatment
 19. record the outcome and evaluation of the no needle mesotherapy treatment
 20. discuss and agree future procedures with the individual

Knowledge and understanding

You need to know and understand:

1. the importance of collaboration with competent professionals to support effective and safe working practices
2. your role and responsibilities in performing non-surgical cosmetic procedures and the importance of working within your competence
3. why you must comply with ethical practice and work within the legislative requirements
4. the importance to engage in, and document continuous professional development to include, up-to-date information policies, procedures and best practice guidance
5. the **anatomy and physiology** relevant to this standard
6. the chronological skin ageing process and the relationship to intrinsic and extrinsic factors
7.
the relative and absolute contraindications relevant to the treatment, to include:
8.
the importance of recognising suspicious skin irregularities and lesions, and referring to a relevant healthcare professional
9. how a skin priming programme and pre-treatment recommendations can benefit the no needle mesotherapy treatment outcomes
10.
the type of no needle mesotherapy technology used in treatments and the physiological effects on skin to include:
11.
the types, composition of activating solutions and the physiological effects in the epidermis
12. the history of mesotherapy
13.
the types, purpose, use and limitations of no needle mesotherapy equipment and activating solutions taking account of:
14.
the sourcing, storage, handling, usage and disposal of no needle mesotherapy equipment and activating solutions in accordance with the manufacturer's instructions and legislative requirements

15. the adverse reactions associated with a no needle mesotherapy procedure and how to respond
16. the health and safety responsibilities in line with legislation before, during and after the no needle mesotherapy procedure
17. the legal requirements for providing non surgical cosmetic procedures to minors and vulnerable adults
18. why it is important to discuss and establish the individual's objectives, concerns, expectations, desired outcomes and agree the non-surgical cosmetic procedure plan
19. the importance of using visual aids to inform the individual of the physical effects
20. the fee structures and treatment options
21. the procedures that could be carried out in conjunction with a no needle mesotherapy procedure and associated risks
22. the legislative and indemnity requirements of gaining signed, informed consent for the procedure
23. the importance of adhering to the **no-needle mesotherapy procedure protocol**
24. why it is important to allow time for the individual to reflect before confirming and agreeing to receive the elective non-surgical cosmetic procedure
25. the types of hygiene products for the skin and the importance of following manufacturer's instructions
26. the reasons for working systematically to cover the individual's treatment area and inline with **no needle mesotherapy procedure protocol** to include:
27. the importance of monitoring the health and wellbeing of the individual during and post procedure
28. the importance of adhering to the emergency plan in the event of an adverse reaction
29. how to conclude the procedure in accordance with the **no needle mesotherapy procedure protocol**, legislative requirements and organisational policies and procedures
30. the types, benefits and use of pre and post procedure products
31. the legislative, insurance and organisational requirements for taking and storing visual media of the individual's treatment area
32. the legislative and regulatory requirements of completing and storing the

individual's treatment records

33. the expected outcomes from a no needle mesotherapy procedure

34. the purpose of reflective practice and evaluation and how it informs future procedures

35. how to collate, analyse, summarise and record evaluation feedback in a clear and concise way

36. the importance to record the outcome and evaluation of the no needle mesotherapy procedure

37. the **instructions** and advice pre and post the no needle mesotherapy procedure

Scope/range

Skin classification

1. Fitzpatrick scale
2. Phenotype and genotype
3. Lancer scale
4. Glogau scale
5. Rubins Scale
6. Monks Skin Tone Scale

Skin condition

1. lax elasticity
2. hyper and hypo pigmentation
3. congested
4. pustular
5. fragile
6. vascular
7. sensitised
8. sensitive
9. dehydrated
10. photo-sensitive
11. photo-aged
12. lack lustre

Skin type

1. dry
2. oily
3. combination
4. balanced

Adverse reactions

1. hyperaemia
2. bruising
3. irritation
4. allergy
5. hyper/hypopigmentation
6. oedema

Anatomy and physiology

1. the structure and function of the body systems and their interdependence on each other
2. structure and function of skin and skin appendages
3. skin diseases, disorders and conditions
4. the ageing process of the skin including the effects of genetics, lifestyle and environment
5. the compromised barrier function and skin regeneration processes

No needle mesotherapy treatment protocol

1. working environment
2. health and safety
3. infection prevention and control
4. service plan
5. informed consent
6. data management
7. test outcomes
8. manufacturer instructions
9. audit and accountability
10. instructions and advice
11. sustainability
12. waste management
13. evidence-based practice
14. reflective practice

Instructions

1. the individual and practitioner's legal rights and responsibilities
2. pre and post treatment instructions and care
3. restrictions and associated risks
4. future treatments

Glossary

Absolute contraindication

An absolute contraindication is a condition that prevents the service from being carried out and may require referral.

Adverse reaction

An adverse reaction is an 'unexpected' reaction or outcome following a service, i.e. fainting

Anatomy and Physiology

How the skeletal, muscular, circulatory, lymphatic, respiratory, excretory, digestive, endocrine and nervous systems interact with each other and how they impact the individual, service and outcomes

Contra action

A contra-action is an 'expected' reaction or outcome following a service, i.e. erythema

Evidence-based practice

Evidence-based practice is based on the best available, current, valid and relevant evidence.

First aid

First aid can refer to first aid at work qualifications or equivalent and first aid mental health awareness.

Protocol

A protocol is a standard procedure to ensure best practice and compliance when providing services, i.e. follow manufacturer instructions.

Relative contraindication

A relative contraindication is a condition that requires an assessment of suitability for the service and/or if adaptations are required.

Sensitive skin condition

A genetic increased capillary reactivity and altered barrier function leading to inherent epidermal fragility.

Sensitised skin condition

A sensitised skin condition occurs due to environmental and lifestyle factors that either increase inflammatory cytokines and modulators or impair skin barrier.

Skin barrier function

The renewable, biochemical barrier that shields our internal systems from environmental aggressors and pathogens, and helps prevent trans-epidermal water

loss. Composed of cornified cells, natural moisturizing factors, barrier lipids and the skin microbiome.

Skin classification

Skin classification scales can be referred to as the fitzpatrick scale, lancer scale, phenotype and genotypes, glogau scale, rubins scale and monks skin tone scale.

Skin priming programme

Skin priming programme, are a set of instructions the individual can do prior to the treatment to achieve the best results.

Links to other NOS

SKANSC1, SKANSC2, SKANSC3, SKANSC4, SKANSC5, SKANSC6,
SKANSC7, SKANSC8, SKANSC9, SKANSC10, SKANSC11, SKANSC12, SKANSC13,
SKANSC15, SKANSC16, SKANSC17, SKANSC18, SKANSC19, SKANSC20,
SKANSC22, SKANSC23, SKABS2

SKANSC21

Provide skin rejuvenation using no needle mesotherapy treatments



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