

Overview

This standard coexists alongside, **SKANSC1: Implement and maintain safe, hygienic and effective working practices during elective non-surgical cosmetic procedures**, **SKANSC2: Consult, assess, plan and prepare for elective non-surgical cosmetic procedures**, **SKANSC14 Carry out a thorough skin analysis using technologies** and **SKANSC15 Complication management of non-surgical cosmetic procedures**. This standard is for aesthetic practitioners performing procedures using vitamin and mineral injections for wellbeing. You will also be required to do a post procedure evaluation and reflection for continuous improvement. The aesthetic practitioner must have a First Aid at Work qualification or equivalent and be able to carry out the functions within **SFHCHS132 Obtain venous blood samples**, **SFHCHS36: Provide basic life support** and have access to life support equipment as identified in the emergency plan. Users of this standard will need to ensure that their practices reflect up-to-date information, policies, procedures and best practice guidance.

Performance criteria

You must be able to:

1. carry out a concise and comprehensive consultation face to face with the individual
2. maintain your responsibilities for health and safety pre, during and post the vitamin/mineral injection procedure
3. discuss to establish the individual's objectives, concerns, expectations and desired outcomes to inform vitamin/mineral injection procedure plan to include:
4. develop an emergency plan with the identified healthcare professional trained to deal with adverse reactions to vitamin and mineral injection(s)
5. establish the vitamin/mineral injection procedure plan in accordance with legislative requirements and organisational policies and procedures
6. reiterate, confirm and agree with the individual, they have understood the proposed vitamin/mineral injection procedure and pain management to include:
7. obtain the individual's signed informed consent for the vitamin/mineral injection procedure and pain management, allowing an adequate time scale for the individual to make an informed choice
8. select an effective hygiene preparation product to meet the individual's needs in accordance with the manufacturer's instructions
9. prepare the individual's treatment area in accordance with the **vitamin/mineral injection procedure protocol** and associated risk avoidance strategies.
10. source and select the vitamin/mineral solutions, to meet the individual's needs, including associated risks
11. inject the vitamin/mineral solution with the sterile single use needle in accordance with the procedure protocol to include:
12. monitor the individual's health, wellbeing and skin reaction throughout the vitamin/mineral injection procedure in accordance with legislative requirements and organisational policies and procedures
- 13.

Provide vitamin and/or mineral injections for wellbeing

in the event of an adverse reaction or incident, take prompt corrective action as set out within the emergency plan to include:

14.

Conclude the procedure in accordance with the **vitamin/mineral injection procedure protocol**, legislative requirements and organisational policies and procedures

15. complete the individual's non-surgical cosmetic procedure records and store in accordance with data legislation

16. use reflective practice to evaluate the vitamin/mineral injection procedure and take appropriate action

17.

provide and obtain confirmation of receipt of the instructions and advice given to the individual pre and post procedure to include:

18.

record the outcome and evaluation of the vitamin/mineral injection procedure to agree and inform future procedures

19. discuss and agree future procedures with the individual

Knowledge and understanding

You need to know and understand:

1. the importance of collaboration with competent professionals to support effective and safe working practices
2. your role and responsibilities in performing non-surgical cosmetic procedures and the importance of working within your competence
3. why you must comply with ethical practice and work within the legislative requirements
4. the importance to engage in, and document continuous professional development to include, up-to-date information policies, procedures and best practice guidance
5. the **anatomy and physiology** relevant to this standard
6. the types, composition and pharmacological effects of chemical compounds in vitamin/mineral solutions to include:
7. how to adapt injection techniques to place vitamin/mineral solution safely beneath the skin tissue into underlying structures to meet the individual's needs
8. the adverse reactions associated with a vitamin/mineral injection procedure to include:
9. how to implement the correct course of action in the event of an adverse reaction or incident to include:
10. the **risk avoidance strategies**
11. the importance of obtaining and following instructions from the identified healthcare professional in the event of an adverse reaction
12. the purpose, use and limitations of vitamin/mineral injection procedures in relation to:
13. the regulatory and legislative requirements for medical devices
14. the regulatory and legislative requirements for sourcing, recording and

Provide vitamin and/or mineral injections for wellbeing

administering vitamin/mineral injection to include:

15.

the types of pain management and associated risks

16. the legislative requirements and restrictions for sourcing, storing and using licensed topical anaesthetics

17. the health and safety responsibilities in line with legislation before, during and after the vitamin/mineral injection procedure

18. why it is important to discuss and establish the individual's objectives, concerns, expectations, desired outcomes and agree the non-surgical cosmetic procedure plan

19. the fee structures and treatment options

20. the legislative and indemnity requirements of gaining signed, informed consent for the vitamin/mineral injection procedure

21. why it is important to allow time for the individual to reflect before confirming and agreeing to receive the elective non-surgical cosmetic procedure

22. the importance of obtaining signed informed consent for the vitamin/mineral injection procedure and pain management strategy

23. the types of hygiene products for the skin and the importance of following manufacturer's instructions

24. the importance of adhering to the **vitamin/mineral injection procedure protocol**

25. the importance of monitoring the health and wellbeing of the individual during and post procedure

26. the importance of adhering to the emergency plan in the event of an **adverse reaction**

27. the legislative, insurance and organisational requirements for taking and storing visual media of the individual's treatment area

28. the expected outcomes from a vitamin/mineral injection procedure

29. the purpose of reflective practice and evaluation and how it informs future procedures

30. how to collate, analyse, summarise and record evaluation feedback in a clear and concise way

31. the importance to record the outcome and evaluation of the vitamin/mineral injection procedure

32. the instructions and advice pre and post the vitamin/mineral injection procedure

Scope/range

Contra-actions

1. hyperaemia
2. wounds
3. bruising
4. oedema

Injection techniques

1. intramuscular
2. subcutaneous
3. Z-track

Anatomy and physiology

1. the structure and function of the body systems and their interdependence on each other
2. skin and systemic pathologies
3. severe adverse event pathologies
4. basic knowledge of pharmacology and sciences
5. effects of medications have on the skin
6. study of the ageing process of the skin and underlying tissues/ effects of bone reabsorption and understanding of complex body anatomy and venous and arterial blood supply

Adverse reactions

1. infection
2. nerve damage
3. nausea
4. allergic reaction
5. anaphylaxis
6. Vitamin overdose
7. Digestive upset
8. Fainting
9. Dizziness
10. hypersensitivity

Risk avoidance strategies

1. emergency plan

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2. risk assessment(s)
3. acquired medical history
4. procedure plan(s)
5. restrictive treatment areas
6. pre and post instructions and advice
7. avoidance of off license use
8. inoculations
9. first aid at work qualification and basic life support or equivalent
10. general health and safety working practices
11. infection prevention and control
12. working environment
13. collaboration with healthcare professional/regulated independent prescriber/appropriate professionals
14. legislative prescription protocol
15. medicine management
16. informed consent
17. data management
18. audit and accountability
19. understanding of the pharmacology
20. waste management
21. assessment of the individual's physical and emotional suitability

Vitamin and mineral injection procedure protocol

1. working environment
2. health and safety
3. risk management plan
4. infection prevention and control
5. identified healthcare professional/regulated independent prescriber
6. emergency plan
7. procedure plan
8. informed consent
9. appropriate professionals
10. data management
11. audit and accountability
12. instructions and advice
13. waste management
14. evidence based and reflective practice

Instructions

1. the individual, regulated independent prescriber and aesthetic practitioner's legal rights and responsibilities
2. emergency plan
3. post procedure expectations and associated time frames
4. pre and post procedure instructions and care
5. restrictions and associated risks
6. future procedures
7. complaints procedure or concerns protocol

Glossary

Adverse reactions

Adverse reactions are also known as adverse incidents or associated risks. An Adverse reaction is an unexpected physical or physiological reaction from a procedure carried out.

Contra-action

Contra action is an expected temporary reaction from a procedure.

Emergency plan

The emergency plan is the responsibility of the aesthetic practitioner that includes use and access to the emergency kit. An identified healthcare professional will act as the regulated independent prescriber if a prescription only medication is required in the event of an adverse reaction. The regulated independent prescriber has a duty of care to their patients to follow regulatory guidelines set by their Professional, Statutory and Regulated Body.

Pre-procedure markings

Pre-procedure markings should be carried out using a sterile single use surgical pen. Pre-procedure markings are used to create guidelines to identify injection sites as set out in the non-surgical cosmetic procedure plan.

Treatment area

The indicative area to be treated, can also be referred to as treatment site or the anatomical name.

Universal precautions and standard precautions

Universal precautions are relevant if the practitioner is exposed to blood and/or some bodily fluid. It is the responsibility of the practitioner to implement infection prevention and control measures to prevent exposure to blood borne pathogens or Other Potentially Infectious Materials (OPIM).

Standard precautions are the basic level of infection control that should be used at all times within the working environment, such as hand hygiene, personal protective equipment, prevention of needlestick and injuries from sharps, risk assessment, respiratory hygiene and cough etiquette, environmental cleaning and waste disposal.

Visual media

Visual media is evidence generated through photography or video.

Links to other NOS

SKANSC1, SKANSC2, SKANSC3, SKANSC4, SKANSC5, SKANSC6, SKANSC7,

SKANSC19



Provide vitamin and/or mineral injections for wellbeing

SKANSC8, SKANSC9, SKANSC10, SKANSC11, SKANSC12, SKANSC13,
SKANSC15, SKANSC16, SKANSC17, SKANSC18, SKANSC20, SKANSC21,
SKANSC22, SKANSC23

SKANSC19



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Developed by SkillsActive

Version Number 1

Date Approved 31 Mar 2024

Indicative Review Date 31 Mar 2028

Validity Current

Status Original

Originating Organisation SkillsActive

Original URN SKANSC19

Relevant Occupations Beauty Aesthetics, Aesthetic Practitioner

Suite Non-surgical Cosmetic Procedures

Keywords wellbeing, wellness, vitamins, intravenous
