
Overview

This standard is about developing your knowledge base of theories, concepts, techniques, models of effective practice and contextual information and relevant professional codes of practice/conduct - and using them to improve your own role and practice.

Performance criteria

You must be able to:

1. develop understanding of theories, concepts, models and techniques relevant to own role and area of expertise
2. apply understanding of theory, concepts and effective practice in adult learning to own practice
3. tailor and adapt models and techniques to own role and practice
4. draw upon contextual knowledge and resources to inform practice
5. keep own knowledge base and practice up to date
6. continually review own practice based on developments in theory, concepts, models, techniques and approaches to effective practice
7. share effective practice with other practitioners
8. promote inclusivity, diversity and equality of opportunity and challenge discriminatory practices

Knowledge and understanding

You need to know and understand:

1. sources of relevant theories, concepts, models and techniques and how to access them
2. the range of topics you need to consider when developing and applying theory and effective practice in your role
3. sources of contextual information and how to access them
4. ways to evaluate theories, concepts, models, techniques and contextual information for their usefulness and applicability
5. the contribution of evidence based practice to the development of theories, models, concepts and techniques
6. the purpose and application of research, reflection, self- evaluation and peer review in developing own practice
7. the learners, groups and networks you can work with to improve your own and others' understanding of theory and practice and how to build relationships with them
8. the boundaries and limits of own professional expertise
9. legal, organisational and policy requirements relevant to your role and the activities being carried out
10. relevant ethical principles and codes of professional ethical practice and the consequences of not adhering to them
11. the boundaries of confidentiality, when it is appropriate to disclose confidential information to others and the processes required
12. measures to safeguard young people and vulnerable adults

Glossary

Resources

This covers any physical or human resource that supports the adult learning process and could include technical equipment, IT-based resources, buildings, sources of specialist knowledge, local assets.

CLDAL17

Develop and apply understanding of theory and effective practice in adult learning



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